

NATIONAL INJURY PREVENTION DAY - JULY 5, 2022

"AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE" - SAFECAREBC

July is all about staying safe and preventing injuries at the workplace. Rather than managing injuries as they arise, the focus is on **injury prevention**. Healthcare workers are at a greater risk of developing musculoskeletal disorders. As a healthcare worker, it is crucial to practice good form and injury management so you can work at your maximum potential.

HERE ARE A FEW INJURY PREVENTION TIPS....



- Educate yourself about at-risk symptoms
- Address symptoms early
- Use mechanical lifts whenever possible
- Report slipping & tripping hazards
- Wear comfortable shoes
- Practice back, core and exercise training
- Squat and avoid bending over with back frequently

PAUL CANONES

INTERNATIONAL STUDENT GRADUATE

"As an international student, it was not easy to study and work at the same time to pay for my education. But with the help of my advisor Wagisha, my instructors Cindy, Myralene, and



Grace, and my mentors during practicum, I was able to reach my dreams and goals in life.

I was so happy to get a LMIA job offer after practicum, and now I have a work permit to remain here in Canada and hopefully permanent residency one day. I am proud of myself for this accomplishment.

From the bottom of my heart, I want to say thank you to everyone at Drake Medox College for your care and support!"

Contact Sanchita for international student info: ssyeda@na.drakeintl.com

UPCOMING EVENTS



Collingwood Festival - July 23
Gaston Park -Vancouver

Collingwood Days is an annual festival celebrating the diversity and culture of the Renfrew-Collingwood neighborhood . Come by our booth to say hello and enter our laptop draw!

PICS Job & Education Fair - July 28
North Surrey Sport & Ice Complex

A chance to network with employers and fellow job seekers! Drop by our booth to enter a draw to win a FULL TUITION SCHOLARSHIP!

DRAKE MEDOX COLLEGE AMBASSADOR PROGRAM

You might already be aware that Drake Medox College has an Ambassador Referral program to reward our Ambassadors that refer individuals to the College. Ambassadors are eligible to **earn up to \$400 per referral**.

But did you know that when you **refer 3** of your friends/family members or acquaintances who all enroll within the same calendar year you would be eligible to receive one of the following as a **"Passionate Ambassador"**:

- Full Tuition Scholarship for the Activity Assistant Program – valued at \$3750
*** OR
- Travel ticket reimbursement of up to \$1500.00 for any travel anywhere in the world

Up until July 23rd, if you refer someone who registers in our HCA or CSW program starting by August 31st, they will receive an additional \$400 tuition grant.

****IT'S A WIN-WIN!!!****

**DRAKE MEDOX
COLLEGE**
Your Future Looks Bright!

REFER FRIENDS & FAMILY

YOU BOTH EARN \$400!!!

VALID FOR NEW REGISTRANTS JUNE 22 to JULY 23
Student must start prior to Aug 31, 2022 to qualify

CONTACT AN ADVISOR FOR FULL DETAILS
Vancouver: 604-629-0196 Surrey: 778-725-2965

DON'T WAIT UNTIL YOU GRADUATE TO APPLY....



Vancouver Coastal Health is accepting applications from **current** Health Care Assistant Students. Set up your profile on the **Student Registry** while you are still studying, and upon graduating a Vancouver Coastal Health Team member will reach out to you to discuss HCA job opportunities!

You Can Apply here: <https://bit.ly/39VarD9>