

APRIL 2021 NEWSLETTER

www.drakemedoxcollege.ca | 604-629-0196

Instructor Spotlight

RONA SIMSUANGCO

BACKGROUND: Rona is an LPN who in addition to being an HCA instructor, is also a practicing Foot Care nurse. She considers herself very fortunate to practice in many settings, including acute, long-term, and community.

FAVOURITE THING AT DMC: She loves the opportunity to grow both professionally and personally as she meets students from diverse backgrounds. Among her favourite moments is when she receives an "**I got hired**" message from her students!

ENCOURAGING MESSAGE

TO STUDENTS: Be proud of what you do as an HCA, for you are the backbone of the healthcare industry!



Reflections of An HCA During Covid-19

I never thought of becoming a healthcare assistant, but here I am enjoying my job and all the benefits that come with it!



Working as a healthcare assistant in Duncan has enabled me to take care of our vulnerable seniors on the Island and provide compassionate care to them. It has been especially challenging during the pandemic since I share my household with a toddler and a senior. However, I ensure that proper protocols, good hand hygiene, and social distancing are observed.

Through the help of my clinical instructor, teachers, classmates, my daughter, and my mom, I was able to successfully switch careers from food industry to healthcare. I can say that I have chosen the right job that sustains the financial needs of my family. - **Noryette Piol**

KID'S EASTER COLORING CONTEST

Have the children in your life color one of the pictures supplied or one of your own and email to Angela:
adelbianco@na.drakeintl.com
by Friday, April 2nd

All submissions will automatically be entered into a draw for 10 x Lindt Easter Chocolate Baskets!!





SPRINGING INTO A NEW SEASON

Spring is here! A season of warmer weather, extra hours of daylight, and flowers starting to bloom everywhere.

While some activities are limited due to COVID, there are still plenty of ways to enjoy the season. Here are just a few:

- Let **sunlight** stream through the windows. Enjoy the fresh air by leaving the windows open. Soak up that Vitamin D!
- Transform your living and working space by doing a bit of **spring cleaning**. Decluttering your space gives you a fresh start.
- **Get outdoors!** Breathing fresh air and enjoying the scenery while you take a walk in the park is a great way to relieve the stresses of the day.
- A lot of **fresh produce** is now in season. A great time to recommit to better eating habits by incorporating more fruits and vegetables in your diet.

“Spring adds new life and new beauty to all that is.”

-J. Harrelson

Source: shape.com



Noreen says thanks!

Hi Drake Medox team,

Thanks so much for sending my credentials; and to have a reference letter from Sarah is a bonus!

Overall, I feel really satisfied with my learning experience at Drake. Rex, Sarah and my mentor, Lilia at Seton Villa are simply the best in the field, and I feel very fortunate to have had the opportunity to learn from them and feel ready to begin my second amazing career as an HCA!

Also a big thanks to you, Angela, Zoraida, Miranda, Patricia, and Melissa for always answering my questions and helping me out.

Have a great day and Take Care,

Noreen