



# Drake Medox College

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## Be The Reason Someone Smiles Today

**"When you give wholeheartedly, you don't keep track of it — it just goes out and becomes you doing it."**

Statistics show that many people become homeless for various reasons, such as lack of affordable housing, physical disability, and/or mental illness. Every day on the streets, we see them; we notice but we ignore, we care but we choose not to, we know better, but we choose not to understand.

December 14, 2019, students of the Drake Medox College Community Support Worker Program decided to take this moment to give time, smiles, hope, and food for folks living in the downtown eastside. The weather wasn't cooperating, but that did not stop us from bringing them a brown bag lunch. This experience was precious for us! A small act of kindness sparked such a huge chain reaction; seeing the men and women welcoming us was heartwarming. From the Lookout Emergency Aid Society to Evelyne Saller Centre, to Lookout Outreach, to Wish Drop-In Center up to Main St. & E Hastings St. ; all opened their arms happily accepting our gifts.

The importance of giving to others shouldn't be overlooked and that's because the secret to living is giving. If you really think about it, what is life all about? Creating meaning. How do you create meaning in your life? It's not about what you do for yourself: It's about how you're able to better the lives of the people around you – your loved ones, the people in your community or the lives of people somewhere else in the world.

People should start contributing to the world with goodness and they simply need someone like us!

*The article was written by CSW student "Dorothy Piano"-*

## February 17, 2020, is International Random Acts of Kindness Day

You know what to do...perform a few random acts of kindness. Almost any kind deed will do, perform kind acts on as many people as possible. What random acts of kindness will you do today?

## MEET PATRICIA CATALIG



Patricia is our Financial Services and Accreditation Supervisor and has been with Drake Medox College for 2 years. She holds a Bachelor of Arts in Psychology from UBC. We asked Patricia:

### If you could live anywhere in the world where would it be and why?

Florence, Italy. I have never been there, but the architecture calls out to me!

### What is the favorite part of your job?

Repayment workshops! Students on their last month of the program attend with wide smiles on their faces that shows they have reached the final stretch. Everyone just beams with enthusiasm as they see their classmates once again.

### What advice would you give to a student at Drake Medox College?

Take advantage of your instructors. Go ask them for help if you have trouble learning a certain module. Additionally, always update the office whenever you have changes in your address and SIN!

## GETTING READY FOR A POST GRADUATION JOB INTERVIEW?

Have you updated and polished your Cover Letter and Resume with all your practicum experience, diploma and certification achievements? Have you had a hiring manager or your class or clinical instructor take another look to provide you with further feedback so your resume will stand out from others?

Are you ready to demonstrate your critical thinking and problem solving skills by answering the following types of questions?:

- Tell me about a time in your past work experience when a client became angry or dissatisfied with something that you did. What happened, how did you handle it and what was the outcome?
- Please explain what client centered care means to you and describe 2 ways you can demonstrate this in your role as an HCA?
- Tell me about a time where your person served became agitated in a public place and how you handled it?
- Why did you decide to become an Activity Assistant?

On January 29<sup>th</sup> and 31<sup>st</sup> we held Mock Interview Workshops in Vancouver and Surrey to help you, our students and graduates experience what to expect when you are being interviewed for your new careers. Here is what one of our participants had to say:

***"The experience I had with you yesterday was amazing. You gave a lot of tips and information. To be honest, I felt really good, you made me boost my confidence and I will no longer be afraid going to an interview because you are now with me. I mean...through your effort and help I feel better than before. You gave me hope to do better. Please do continue helping students like us...this mock interview is a great tool towards success. Looking forward for more tips from you Angela..my pleasure meeting you. 😊 Mary Ann"***

Need help preparing for an interview? Call Barb or Angela at 604-629-0196.

Our next **Grad Ceremony** is being held **Friday February 21, 2020** at the Italian Cultural Center in Vancouver. If you were invited and purchased your ticket to this graduation ceremony please look for your reminder email from Miranda in the next few weeks. **All grads need to arrive by 4pm** to get registered and receive your gowns. **The processional starts promptly at 5:00pm!** We look forward to seeing you there.

**VALENTINE'S**  
**AMBASSADOR DATE NIGHT DRAW**

Refer a student & be entered to  
**win 1 of 3 prize packs!!**

Valid February 4 – 14th

**Dinner & A Movie For 2!!**

Call an advisor with your referrals today!  
Vancouver-Myrine/Cynthia: 604 629-0196  
Surrey-Angela/Melissa: 604 495-4210



## 2019 Ambassador Trip Winners

Did you know that if you refer 3 people who register for an HCA or CSW program at Drake Medox College in the same year that you qualify for a plane ticket valued at up to \$1500 to the destination of your choice? (AA program = 1/2 registration)

The following individuals are our 2019 Ambassador Trip Winners:

Nina Bello, Liezel Caranguian, Hemilson Cadiz, Joan Cortez, Dianne Diaz, Teresita Donida, Jenny Jalop, Roxanne Manggad, Ruthe Palete, Maritess Tan, Jenelita Ventura, Abegail Vergara, Glovella Villalobos

*2018 Winner Maritess Tan with her family in Taiwan*



**DRAKE MEDOX COLLEGE**  
Your Future Looks Bright!

## ACTIVITY ASSISTANT PROGRAM INFO SESSION



LEARN MORE ABOUT THIS DYNAMIC PROGRAM AND CAREER

Hosted by:

**FIONA LASTORIA**  
PROGRAM INSTRUCTOR



**THURSDAY, FEBRUARY 13TH, 2020**  
**6:00-7:30PM**

10328 WHALLEY BOULEVARD, SURREY

RSVP TO ZORAIDA 604-629-0196 BY FEBRUARY 8TH